



## Natural & Safe Cleaning

### Castile Soap

Dilute 1:10 with water and use to wash dishes.

Mix 1/2 cup with 3 gallons of hot water to mop the floors.

Mix 1/4 cup with a quart of water in a spray bottle for all-purpose cleaning.

### Vinegar

Make a 1:1 ratio of water and vinegar for a simple surface cleaner.

Soak murky glasses in vinegar to shine.

Use it to shine metal fixtures and tile in the bathroom and kitchen.

### Baking Soda

Create a cleaning paste of baking soda and water and use it to buff tough stains.

Mix with a few drops of essential oils to freshen the house.

Sprinkle over a grease spill for absorption.

### Lemons

Halve a lemon and use it like a sponge to shine clouded metals.

Dip half a lemon in salt and use to scrub away tough stains.

Add fresh lemon juice to laundry to brighten a load of whites.

### Essential Oils

Use essential oils to naturally and safely deodorize, disinfect and scent your home.

Try lemon, cinnamon and rosemary to disinfect.

Try orange to break down grease and oils.

### Notes